

HFHC!

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FREE!



CELEBRATING FRIENDSHIPS!



EXCLUSIVE PICTURES: LOOKING BACK AT OUR WINTER EVENTS!





FRIENDS

FINDING FRIENDSHIPS We regularly create opportunities for individuals to meet new people and try new experiences and activities. Friendships can be built on a shared interest, such as visiting the same café or pub together, a love of Disney music or even rock climbing!



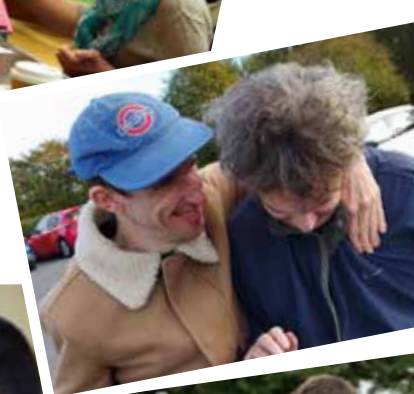
LIVING A SOCIAL LIFE Compatibility is a key focus when arranging placements, starting from transition to create a positive foundation for individuals to enjoy social integration on their terms in their own homes.



DAY OPS We run a full-packed schedule of activities within our internal day service for individuals to enjoy activities alongside their peers - from craft workshops and sensory sessions to movie nights and exercise classes, there's always something new to try!



OUT & ABOUT IN THE COMMUNITY Everyone is supported to be out & about enjoying life as part of their local community, where they can meet and interact with new people. We put together a monthly calendar of local events and places to visit and regularly join in with local activities. Days out and trips further afield offer even more opportunity for social interaction.



SOCIAL ENGAGEMENT - ON MY TERMS We know that for many complex individuals, social interactions with a peer group may not be at the forefront of their minds or always be an area of interest; engaging with others can be a stressful experience. Simply enjoying watching others or engaging in parallel activity can be a rewarding and sociable interaction, which may then be supported to develop where appropriate. Recognising what works for each person is our 'The World On My Terms' philosophy.



SUPPORT COLLEAGUES — An effective and genuine relationship between an individual and their support staff is essential to achieving positive outcomes. It's a relationship which builds trust and supports the individual during good days as well as difficult days. Finding the right colleagues to support individuals, matching interests and attributes wherever possible, makes all the difference. A shared love of long country walks, high adrenaline theme-park rides, musical theatre or even rock-climbing ... when support colleagues enjoy similar activities, it leads to better outcomes for all.



SOCIAL EVENTS Much-anticipated highlights in our calendar are the major events held throughout the year - May Ball, Summer Fair, Halloween Party, Christmas Party - where the planning builds excitement (costumes, decorations, competition entries) before everyone comes together to celebrate with family and friends.





HALLOWEEN PARTY HFHC'S SPOOKY CELEBRATION!

A frighteningly good time was had by everyone at the annual HFHC Halloween Party. Individuals we support and colleagues turned out to enjoy themselves in fabulous fancy dress to dance the night away!

Special events included a performance by the HFHC Band, photo-booth keepsakes, face painting and a Breakout Room. Winners were announced for best dancer, scariest costume, best pumpkin, scariest face, and best dressed home.

It was fantastic to see so many individuals enjoying themselves and interacting in a busy and exciting social setting - a great achievement and a night to remember!



A WHOVILLE CHRISTMAS ...AT HFHC'S ANNUAL PARTY

The Grinch definitely didn't steal our fun – the Whoville Christmas Party was a huge success! The individuals we support had a great time visiting Santa's Grotto, dancing to the HFHC Band and enjoying a delicious festive feast together!

This was another fantastic chance to socialise with peers and colleagues from across HFHC. Planned carefully to be as inclusive as possible, all HFHC events feature a special Low Intensity session for individuals to come along and enjoy the party on their own terms.



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